



Amielle Christopherson/The Daglightale

Terence Bexson and Monica Andersson - after whom the Augustana Forum Café has recently been named - are both glad to have students back for another year. Andersson will not be a daily presence at the café, but with her name hanging above the space, students are sure to remember the hard-working and dedicated food services worker for many years.

Name Change Honours an Augustana Legend

Sammy Lowe
Daglightale Co-Editor

Upon returning to campus, some of you may have noticed a beautiful blue sign hanging in place of the old café menu. This sign, which was revealed at the end of last semester, served to honour the retirement of campus legend, Monica Andersson. After over 40 years of hard work and dedication with Augustana Food Services, she

is leaving behind a legacy in the form of "Monica's" café.

This dedication is more than fitting, especially considering that Monica has been a crucial part of the café since its inception less than a decade ago. In fact, without Monica, it is more than likely that the café would not exist. Most of us have enjoyed delicious lunch specials or emergency coffees on the way to an 8 am course, and are thus all indebted to her for her exemplary service. I know that I

certainly wouldn't have made it through all those midterms seasons without her clubhouse sandwiches.

Along with the changes to the name and layout of the café, returning customers will notice differences with the menu. Have no fear, though, as many of the old favourites remain. The main alteration is actually a shift towards to a more panini-centered menu. This change may or may not be for the best, but regardless, I'm sure that Monica will

help us all adapt.

While it is extremely sad to see her go, she will still be at the café for the next while as she is helping out during the transitory period. Along with Terence and the rest of the café staff, Monica is excited to see all the new and returning faces. So, the next time you are passing through the Forum, stop by for a coffee, some grub, and a pleasant conversation.

Thank you Monica. You are one of the greats.

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THE DAGLIGTALE

Sept. 18, 2017

Meet the Team!

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Overheard in the Newsroom:

"This is like a real newspaper now. No paper maché here."

"Enough variety? Everything is a sandwich."

- Sammy Lowe

We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu'tina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

The Editors' Space

New Semester, New Labs...New Us?



Sammy Lowe
Co-Editor

Hi again, Augustana! Have a good summer break raking in that sweet, sweet dough? Sick! Spent those hot days (and oh so hot nights) hanging with friends, family, and that one summer coworker you tolerate? Nice! Stayed in your room the entire time binge watching Grey's Anatomy while ugly crying and telling yourself that you'll start exercising next week? Same...

Now that we are all returning to campus from near and far, I am so happy to be welcoming you back to another great year with the Dag. Things look quite different, however, and I'm not just talking about the new "Monica's" sign in the Forum (I HEART HER). With a new schedule, new classes, and a new WELCOME sign in the Pedway, you'd almost think that we were at an entirely new small-scale liberal arts university campus that transitioned from a

Lutheran bible college.

One major change that you may or may not have noticed is the sudden appearance of the swanky new biology and first-year chemistry labs found in the classroom building extension. The magical construction elves have been toiling during the summer months to bring our lab spaces out of the 17th century, and into the modern era.

I was lucky enough to meet up with Biology Technician and Lab Wizard Marian Forke, who has been a rock in the storm when it comes to understanding this change. While the science department has been wanting new lab spaces for quite some time, she informed me that funding only recently became available January 2017 in the form of a lab reno grant. Plans were quickly drafted and put into place, and the four months of summer break turned into the biggest architectural face-lift on campus since the vital and extremely practical pedway.

With a big project like this, however, there are always concerns that the process won't progress as planned. Marian noted that she, along with many of the science

staff, were concerned that the project wouldn't be completed in time for fall courses. Although, with our pristine record for timely construction, I have no idea why she was worried.

Thankfully, the elves worked their magic, and our lab spaces were born anew (but seriously, if you haven't seen them yet, they are hella nice). Brand new counters, foot-pedal sinks, and even a relatively tasteful colour scheme are all exciting features of the labs. Marian is particularly jazzed about the new air system, as it should ensure that the temperature remains somewhere comfortably between the ice planet Hoth and the fiery pits of Mordor.

And so, regardless of whether you will get to use the new labs or

if you hate science and the very principles on which it stands, there are plenty new and exciting features on campus to inspire you to reinvent yourself. Or stay the same. You do you.

Marian was kind enough to provide some words of wisdom for new and returning students alike. She strongly recommends that you do your readings before coming to class, to ensure that you aren't lost and can take full advantage of the learning experience. Thanks Marian. We will do our readings. Probably...

Speaking of readings, we sincerely hope that you will enjoy reading the Dag this year. We hope you take this journey with us, and remember: the possibilities are endless when you read the Dag!



Stick a title here before we go to print



Amielle Christopherson
Co-Editor

I spent so much time interviewing other people this week I forgot to interview myself: a long running saga about my editor's column.

That is to say: Hey Augustana! For those

of you who don't recognize me from the café (I'm sorry, Monica's), or shooting sports from the sidelines, or generally managing to be involved in something *somehow*, I'm Amielle Christopherson, your new editor.

And yes, you will most likely pronounce it incorrectly and I'll stop correcting you after your third attempt. It's fine. I'm used to it.

I'm a second year (finally!) business major who somehow never manages to stay away

from working with newspapers and I'm really excited for what the Dagligtale is going to be able to do this year.

Sammy and I seem to have a pretty stellar group of fellow students who are willing to put in extra hours on top of their school work to bring you slightly sassy, mildly informative and potentially out of date news of what's happening on campus.

However, that's not to say you can't get in on this, too!

If any of you are at

all interested in taking photos, writing articles, submitting original work of any kind (art, poetry, short stories, things we can print on paper, etc.), you're more than welcome to submit those works of art to us at asadag@ualberta.ca.

Until then, I hope you all enjoy this pretty amazing first issue of the year that our group has put together. Or, you know, just skip to the horoscope page because you want to know if that random cutie is worth making a move.

Dean Berger Excited For Changes That Abound at Augustana

Amielle Christopherson
Co-Editor

Dean Allen Berger is excited to find out how the first semester of the new 3-11 calendar has gone over for both students and faculty.

He's hoping that information will come to him soon after the first three week block is finished but what he is excited now is how the new first year seminars have been going.

"With the first year seminars, I'm hearing all kinds of great stories," said Berger. "Mostly they're about high levels of engagement, about fun, and about an incredible amount of work, both for the faculty and the students."

Berger shared that a faculty member told him "they've never worked so hard and never been so exhausted in their teaching, and never had so much fun."

Berger acknowledged that the account is from a single faculty member and is acutely aware that the feeling will not be shared by everyone.

"I wouldn't want to jump to the conclusion that that

kind of enthusiasm is broadly representative," he said, adding that the university has a "fairly robust plan in place to assess this first block and the first year seminar. So we will see the first faculty council meeting is in early October and we plan to be sharing assessment data."

Berger also recounted a visit he took with University of Alberta president David Turpin and VP of Facilities and Operations Andrew Sharmin to Miquelon Lake to see the work of 17 senior research students and their professors, Glen Hvenegaard and Glynis Hood.

The students are living at the Miquelon Lake Research Station for the duration of the three week block and conducting their own individual environmentally related research project.

"They're working together, they're learning research methods together and they're having this incredible, intense experience. That was part of the value to creating block courses," said Berger.

While the students at Miquelon Lake are thrilled

with the experience, Berger said he doesn't yet have more information on how the more traditional courses have been faring.

However, he hopes that what hasn't happened is simply squeezing regularly planned lectures into a shorter time frame.

"I never thought that a block is an appropriate occasion to squeeze in a semester long course and not change anything except the time frame," he said. "I hope instead students are discovering that the block is an amazing opportunity to engage with a faculty member, to engage with learning in a different way."

After this initial three week block is over, Berger said the faculty will discuss how it went and, going forward, there will be a better idea of which courses are best suited towards the shorter block and in the future make the necessary adjustments.

While the new calendar is forefront on many people's minds, Berger was also thrilled with enrollment numbers at Augustana.

While the official enrollment count won't be in until after the add/drop date, Berger said the media statistics have the university sitting at 1,051 students, which is on par from last fall.

"The exciting news is strong student retention and increased selectivity in first year admission," he said. "We have a smaller number of new students, a larger number of returning students, which is very healthy for us."

Berger also shared that Augustana is seriously looking at a variety of ways in which it can start actively growing in the near future.

"I have said a somewhat larger Augustana would be an academically stronger Augustana. Mainly because with remaining small but growing to 1,200 students, we would be able to make some investments in faculty positions."

A larger Augustana would require investment from the provincial government, as well as from the University of Alberta at large.

Priorities and areas of focus this year include waiting for how the pro-

vincial government will be deciding to fund universities. Tuition has been frozen for the last three years, which has affected how much the universities have for their budgets. If tuition stays frozen, universities will need to know if the government will cover the shortfall or else find other ways to make up the revenue.

The University of Alberta will also be undergoing a review of their budget and how and where they spend their money. The plans are that a new budget will be implemented by 2019-2020. The hope is that a new budget would give Augustana a slightly larger portion of funds to help with renovations and innovation to grow the campus.

High on that list are more renovations to the science buildings and taking a serious look at where new residence buildings can be built.

The big takeaway that students should have is that they should start getting used to changes, since it doesn't look like they'll be stopping anytime soon. But who says that's a bad thing?

More Than Party Planners: Your Hardworking ASA-ers

Ken Winder
Staff Writer

With the three week semester in full swing and the new students settled, we were able to steal a few moments of Augustana Student Association's (ASA) President Ben Curry and VP Communication Alex Ho's time. We discussed which direction the ASA wants to head in this academic year and how things may be changing from last year.

What is the ASA planning this year?

The usual events like Augustana's Got Talent, Mission Impossible (September 12th), First Class Bash (September 30th), Winter Formal, and Last Class Bash - among many others - will still be happening this year.

A newly founded program that is picking up this year is the ASA's AfterU program, headed by VP Academic Taylor Johnson. This program targets skills needed for life after university. There

will be several workshops covering information such as building resumes, creating a personal budget, and even a workshop on how to do taxes.

What is the ASA's goals for student support during the new 3/11?

The ASA will be looking at 3-11 academic changes and the reactions from the student body.

The purpose of going from a 14 week semester to the 3-11 is to make it easier for students to focus and reduce stress.

Both Curry and Ho acknowledged that 3-11 is a lot of dedicated work and the ASA will be working hard to provide student support and to hear the feedback, both the negative and the positive.

The Wellness Week the ASA has put on in the past will still be in effect this year, planned for December and April.

What worked for the ASA last year and what is the ASA changing this year?

"We are more party planners," said Curry in re-

sponse to the idea that some of the ASA's most memorable events have been the parties they've thrown.

He wants students to remember that the ASA also had a successful year for their non-party programming. One example was the ASA's efforts in collaborating with administration to bring more attention to mental health and sexual assault awareness. From that effort has stemmed the Mental Health committee and Sexual Assault Awareness committee, both spear headed this year by VP Communication Alex Ho. The Sexual Assault Awareness committee is growing in size and looking for student body members. Those students will have a role in planning events and a campus awareness week.

Ho said the goal of the committee is to communicate, educate, and provide information for the student body at large.

The collaboration between the ASA and admin-

istration is also helping to bring forth a changing campus culture by hosting speakers such as Keith Edwards with his "Creating a Culture of Consent" talk and creating safe spaces for conversations on the topic.

The Mental Health committee will also change in direction by focusing wellness support and resources on a week-to-week basis rather than a lump sum at the end of a semester.

How does the "Party on the Pad" event affect campus and what does this mean for the current alcohol policy?

Another direction that the ASA is looking into is the alcohol policy on campus and its effects.

The ASA and Student Services just hosted its first alcoholic event on campus, Party on the Pad, on August 31.

According to Ho, the event was a success, nothing but good things. He described the attitude towards alcohol on campus as changing and was excited for more

events to come.

Though the campus is starting to host events that include alcohol, it's not certain if policy will change to include alcohol in residence. There are many factors that decision would affect and careful consideration must be taken by all parties involved in changing the policy. As for hopes for an on-campus bar, there would need to be policy change as well as a space provided for such a venue. It's an unrealistic goal for the next few years.

While those policies will be under review for some time, Curry said that the successful Party on the Pad shows administration Augustana can handle its alcohol.

"The alcohol policy needs to be reviewed, however, the events that are currently being planned that include alcohol are being approached with responsibility from the ASA and Student Services and are being met with support from the administration," he said.

Spotlight



Isabell Stamm
Staff Writer

The 3 week course has been the discussion of students and staff for quite some time now. Now that it is officially in full swing, here are what everyone really thinks about this schedule change.

"I think it's good for taking a PAC class because you're not rushed, so it works really well for that."

Anonymous Student

"It's not terrible, it's just a lot more work than we are used to. Some people didn't transition into the 3 week course well so I think it'll just need a few years to iron itself out. It's a good idea but it's also surprisingly a lot of homework very very fast so people aren't very used to that."

Anonymous Student

"I wouldn't say I hate it but it's really stressful. It's less time between tests but it's just so intense. I wouldn't say I love it either. I just have to get through it. It also really depends on the course."

Anonymous Student

"It's so condensed that it's stressful but I memorize material better this way. And it is kind of nice to be done so soon."

Anonymous Student

"I think it's a great opportunity for things like the Costa Rica trip because it doesn't take away from the other classes that someone may be in and it gets to be all intensive. It also allows for field trips that you may not be able to do otherwise so I think that's cool."

Anonymous Student

"It just sucks."

Anonymous Student

"Having taught intensive language courses for many years, there are no major challenges I faced in designing this course. I just had to be mindful of the following: selecting resources that are interesting and appropriate for the course level, use varying teaching techniques that facilitate quick and effective learning, consistently explain everything students do and why they have to do it that way, and create buffer-times for students to re-energize."

Some positive outcomes from a 3 week course are better teacher student rapport because we spend more time learning together; students get to know each other better; increased learning and performance; and develop better organizational skills.

I think 3 week courses affect student learning positively because learning what does not work is just as vital."

Professor Feisal Kirumira

"I actually taught a 3 week course at Quest on sabbatical. It's good, I like it. It's a lot of work. I don't seem to be doing much other than teaching, grading and preparing. But that's fine, it's a short period of that."

I have a large Senior level English class and it's easy to hide. However it becomes more like a working atmosphere and people are less reticent. Not as hesitant to speak. So the conversations have been some of the best that I've seen. I like that "in it together" for a short intense period that it turns into more of a collaborative learning atmosphere than just a top down. I don't lecture much anyways so I'm not challenged by a 3

hour lecture.

The differences are good, too. I've had some pushback about the amount of reading but it is a Senior level class and I get that. But it is all students are meant to be doing. I know they have lives but school is meant to be a full time job so that means they owe me a 35 hour week and there is more than enough time in 35 hours to get through everything that I expect them to.

The minute you procrastinate you set yourself behind. We just need to get used to it. To get organized, to understand that we don't have time to fool around and that means the day you need to look at your essay topic is the same day you look at your syllabus.

I'm very happy we developed this hybrid, I think it makes sense for us. I think it makes sense for students, too. That they have time to think their way through courses that maybe need a more gradual introduction and a working through of topics or texts. Also it's good to learn to juggle a schedule and if you only did one thing year round that's not going to help that skill to develop."

Professor Roxanne Harde



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The Solution to Conquering (Some) Stress #Augustana311

Jenny Green
Arts and Culture

Ahh, back to the daily grind. Late nights studying, early morning classes...and three hours or more of the same course. I mean, who doesn't love a good cram session?

If you're one of the many students who have taken a three week class this semester (or any class at all for that matter), then you're probably already acquainted with that beautiful thing called stress, and all the effects that come with it.

Sure, there are many ways you could attempt to temporarily alleviate that stress. You could take a study break and browse Facebook for fifteen minutes longer than you anticipated, you could take a "short" nap, or you could just sit in denial and question your

life's decisions.

Since we're still in the first month of the academic year, you need to be ready for the long haul. Ways to get off to a good start include:

> Trying not to bum your self out. I know, I know, it's easy to be blue when things get tough, but it could be worse. Remember the movie *The Help*? "You is smart, you is kind, you is important."

> Catching those ZZZs. You won't retain much material if you're struggling to stay awake, and caffeine only works for so long.

> Not counting nachos and Pepsi as breakfast. To quote the Snicker's logo, "You're not you when you're hungry." Make sure you're taking the time to refuel your body.

So what if you're already up to your neck in the craziness that is life, and feeling the pressure? It's not too late! Although it may sound like you're simply adding to your workload, working on a creative side project that has nothing to do with your studies could be the key.

A fun endeavor could be anything from writing poetry, getting into photography, or learning a new skill you've been interested in (ever heard of Duolingo?).

But really, what are the advantages of going completely off task from any boring or arduous burden you need to get through? For starters, you'll be able to take a breather from whatever assignment you've been given, but you'll still be in motion. Alas, you will have to re-

sume your work, but you'll still be at a set pace.

Besides, it will also make you feel as though you've accomplished something despite it not relating directly to the topic of your work. As a result, that sense of productivity will remain with you when you do get back to it. Not to mention you'll be more inclined to get through whatever it is you're doing because you'll have a rewarding purpose to look forward to.

Another advantage is that it will actually keep you interested and alert. Think about it: you're exhausted from reading through your pages of notes, but you still have a couple of hours to go before you can call it quits.

You could catch some shut-eye, but who knows whether you'll wake up refreshed, or feeling like

an extra from *The Walking Dead*. By keeping a side project on the go, you'll have something that will spark your expressive side and keep you motivated.

Ultimately, you'll be working on something liberating in spite of an environment where there are many restrictions. Unlike that English paper you have to finish, or the Biology presentation you should prepare for, no one's going to grade you, or tell you what you can or cannot do. You're free to do whatever it is you please, and that's the real beauty of it all.

That being said, The Daglightle would love to see some Augustana creativity! If you write poetry, short stories, enjoy photography, draw, etc., send us an email at asadag@ualberta.ca. We hope to hear from you!

Vikings Soccer Gets Off to Shaky Start, High Hopes for Season



Amielle Christopherson/The Daglightle

Augustana Viking midfielder Jaeden Norton heads towards net on his way to score the team's lone goal against the visiting NAIT Ooks Sept. 9. The Ooks took the win with a final score of 4-1.

Amielle Christopherson
Co-Editor

As has become custom at the Augustana soccer field on game days, fellow students supported their Vikings with witty commentary and loud cheers for the soccer teams' home openers against the NAIT Ooks Sept. 9.

While the pitchside support was strong, the Vikings on the field didn't quite hit the target, but both coaches are optimistic about their team's seasons.

The women's team netted their first goal against the formidable NAIT Ooks with a well placed ball in the corner of the net by Tara Berger in the 72 minute.

The final score was 7-1 in the

favour of the Ooks, but players and coaches alike were pleased to have finally gotten the ball in the back of the net.

Coach Paul Stone said that he was "ecstatic with [the] game" because of how the team rallied and especially because of the lone goal the team scored.

He added that he believes the team is "a lot more skillful than we were last year and we're going to use that, we're not going to sit back anymore. We're going to get after them."

Stone is confident that the team has gotten to a point where they are strong and skillful enough to get forward more often and fight for more opportunities on net.

Stone has added seven new



Amielle Christopherson/The Daglightle

Defender Jenya Rust works to get the ball from NAIT's Jenn Perry during the Augustana Vikings first game of the season Sept. 9. The Vikings got on the scoreboard for the first time against the NAIT Ooks with a final score of 7-1 for the Ooks.

players to his roster, including a new goalie, Cassidy Newcombe, who joined the team less than two weeks before their first game of the season.

With the new additions, Stone has aspirations to make playoffs this season, something he believes is within his team's capacity.

The men's team fared slightly better against the Ooks, falling behind the visitors 4-1, with third year midfielder Jaeden Norton slipping one past the Ooks' goalkeeper in the fifth minute to tie the game.

Men's coach Tom McManus said the team could have held onto the tie, but a lapse in concentration early in the second half cost them two goals. Despite those errors, McManus was

impressed with the effort his team showed.

"I was very proud of my guys on Saturday," he said. "They came out and played hard, they did things I asked them to do."

The men's team suffered a set of injuries during their game against the Ooks, with third year Alex Dobson breaking his collarbone and first year Cade Scheck had his foot stomped on, resulting in both of them missing the match against the Concordia Thunder the following day, which saw both Vikings teams lose 6-0.

Despite the double losses on the first weekend, McManus is confident he's got a roster that can land a spot in the playoffs.

Words of Welcome (and Wisdom)!

Crystal Rosene
Cosmic Corner

Greetings one and all from your mathy, space-loving author of Cosmic Corner! I'm excited to be back for another year, to write about some of the most awesome and extra-ordinary aspects of the physical world from an extra-terrestrial viewpoint.

While normally I devote these precious 500 words specifically to writing about astrophysical objects and phenomena, I thought I would use this first article as an ice-breaker for any other aspiring physicists out there who have come to Augustana to find their passion for science.

After four years in Mathematics/Physics, I have learned many things in my time here that I wish I had known when I was in first year. I say these things particularly for those of you who may be interested in graduate studies in physics, but many of these

tips are good to know even if you don't plan on further education past the undergraduate level.

First and foremost - exploit the Augustana Advantage! We are a small, close-knit school, and the Math/Physics department is especially so. Get to know your professors - they are happy to help guide you through your program as you figure out your strengths and interests. They can also help make suggestions and recommendations about grad schools/programs to you.

Secondly - and I can't stress this enough - take

many computer science courses! Comp sci may now be a pre/co-requisite for certain physics courses, but it is a crucial skill to have regardless, especially if you are interested in grad school. Most research in physics nowadays heavily relies on computer coding, so I strongly recommend honing this skill throughout your degree. You'll thank me later.

Next, make time for directed studies! This may be more difficult if you are completing your degree in four years, but if you plan on taking five years,

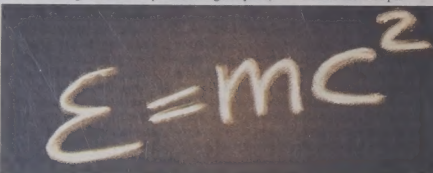
try to take many directed readings/studies. Most grad schools require an honours degree (or equivalent) in physics, so it doesn't hurt to add several specialized topics to your repertoire.

Some areas to consider may include Electrodynamics, Probability, Fluid Dynamics, Statistics, Particle Physics, Nuclear Physics, or Astronomy. Just be sure to speak to your prof about this well in advance.

Next, try to make time for extracurricular activities. This is important not only for your own well-being, but it is also an important

component of some grad school applications and grant/scholarship applications. Often, they also look to see if you've volunteered, maybe done some tutoring through the student's association, were an exec for a club, or are part of a music group. All of these things showcase the many other skills that you have acquired while at university, and can help make your application more appealing. Augustana is a great place to try out many new things!

On that note, another thing to make your applications stand out more is to try and get experience in your chosen field as a summer research assistant, etc. For instance, if you are interested in grad studies at north campus, see if you can get a summer job working in one of their labs. Not only does this give you ample experience for eventual grad studies (or careers),



We are Here and We are Queer, so Have No Fear!

Natalia McGill
Sex and Diversity

Welcome to the Sex and Diversity Column for 2017-18. This is an area dedicated to gender diversity as well as sexual diversity in regards to sex, healthy sexual practices, sexualities, and sexual identity. Throughout the year this column will serve many different purposes by offering:

1) Recurring articles about issue such as dorm living as a minority, coming out or staying in the closet, kinkshaming and invalidating sexuality, dating and safe sex advice, and more articles about various other issues and challenges our community is presented with

2) Humorous articles pertaining to experiences of the sexually diverse

3) Queer and sexually diverse poetry and short stories (if you

would like to submit, please visit the Daglightale's website or email us)

4) Guidance on sex and gender classes, LGBTQ+ resources on campus and in the Camrose community, and advice from fellow members of our community.

5) Providing information on gatherings and events within Camrose and Edmonton

Let's start off by welcoming all of you beautiful people to Augustana for either the first time or once again! Being a part of the queer and sexually diverse community here at Augustana is being apart of an intricate and unique community of students who all share one common goal but still manage to live vastly different lives. We come together in the face of adversity and for the sake of finding someone who understands the intrapersonal challenges we face.

Below are a couple of queer

and sexually diverse resources and events within Augustana, Camrose, and Edmonton. We will add more resources and more events for each Daglightale issue.

RESOURCES

For informal on-campus support, look for students and professors with the Safe Space rainbow on their doors or bags.

For professional on-campus mental health support, please refer to our counselors at augustana.counselling@ualberta.ca.

For community support, contact Camrose Pride Community at camrosepride.ca or their Facebook page.



For external resources check out Pride Centre of Edmonton.

Fruit Loop Edmonton holds events, meetings, and uses their Facebook page to help LGBTQ+ members connect.

AlbertaTrans.org is an online resource providing various types of information for trans people of Alberta.

EVENTS AND ENTERTAINMENT

EspressOUT with Camrose Pride Community Monday Nights (follow their Facebook page for more info).

Evolution Wonderlounge is Edmonton's premier LGBTQ+ nightclub.

On Oct. 14, Augustana will be hosting the first ever Rural LGBTQ+ conference. The conference, titled The Status of Queer, is a rural Alberta queer and trans conference that will feature three panels with a variety of speakers. Tickets are \$30 and more information can be found at statusofqueer.ca.

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Aquarius (Jan 21 - Feb 19)

Just keep swimming, Aquarius. This ocean of life is vast and you have a long way to go and a lot of people you meet. Be cautious of your surroundings and ensure you're making the best choices for you.

Pisces (Feb 20 - Mar 20)

Your life may feel like a giant puzzle, but it's not. Try to look at the WHOLE picture before you make any more decisions and stop analyzing every tiny detail.

Aries (Mar 21 - Apr 20)

Remember, whatever is coming, you can handle it - just not alone. Surround yourself with extra love this month.

Taurus (Apr 21 - May 21)

Like a Ford car, you are built to last. So let loose a little and take a break from the ridiculous amount of stress you've been under!

Gemini (May 22 - June 21)

Yes, that person IS acting weird around you. Confront them. Sure, curiosity killed the cat, but satisfaction brought it back.

Cancer (June 22 - July 23)

Stop pondering those decisions and make a choice. The longer you wait, the less chance there is of having it all work out. So choose!

Leo (July 24 - Aug 23)

DiCaprio had to wait for his Oscar, and so will you. Don't be afraid if you feel like you aren't going to make it, or if you aren't being recognized for what you're contributing. Your time is coming.

Virgo (Aug 24 - Sep 23)

Congrats Virgos on your recent birthday celebration. Now is the time to ensure you do not break any commitments you have made so far. Manage your time well, and do not give into peer pressure or allow anybody's overwhelming emotions sway you into doing the "wrong" thing.

Libra (Sep 24 - Oct 23)

Libra, it has your sign right in the name: LIBRA-ry. Go to the library and STOP procrastinating. Ask for help if you need it.

Scorpio (Oct 24 - Nov 23)

In case you were wondering, the path you're on is the right one. At least for now. Watch out for forks in the road and follow your gut when it comes to making the right choice.

Sagittarius (Nov 23 - Dec 21)

Listen. You need to conserve your energy better. Drink coffee, get 8 hours of sleep, eat plenty of food, and exercise!

Capricorn (Dec 22 - Jan 20)

This is your time to shine, Capricorn. Like any professional, put your best foot forward and do everything you can to make the work you're currently trying to do look easy. It will pay off big time!

Ask Amber

Your sassy, satirical self-help guru

Miss. Amber is back and ready to give you sassy, half satirical, and all-knowing advice. Please note that I am not responsible for any damages caused to your relationships or education should you choose to follow given advice. We're all adults here right?

I would like to extend my welcome to the first years, and a welcome back to all the upper years, as well as invite all of you to submit any issues you struggle with to our anonymous online submission form (daglitalenews.ca/ask-amber).

Your campus problems will be posted publicly but anonymously twice a month in this very newspaper and it will be accompanied by a response from none other than myself offering advice and just as much support as my dad gave me when he left me at age 5. Because my grandmother was part 8-ball, you can trust that everything I suggest will be reliable, concise, and 100% applicable to your situation.

While we wait for submissions to come in for our next issue, allow me to start off our first years with some free advice for this 3-week term with 3 big tips.

Tip #1 - SLEEPY?

So you're having a bad time with this 3 week term and you're exhausted, right? You go to bed tired and you wake up tired, then you need coffee and exercise and so on and so forth to keep you going. Don't bother managing your time and trying to go to bed early. Skip all that and just DON'T go to bed. How can you wake up tired if you're not even waking up? Exactly.

Tip #2 - LATE?

Running late for class because you slept in (even though that goes against previous advice, but to each their own)? Of course you are, you just drank all night. Instead of going to class looking like you just drank all night and having your professor look you over and silently judge you, take your time to get ready so it looks like you were actually prepared for class but something else came up (like your projectile vomit).

Tip #3 - WRITING?

So you got it, the essay assignment for your 3 week term. Sure you could use the writing centre, ask friends, and go to your professors office hours but then you have to do stuff. Instead, copy and paste your trusted wikipedia article and call it a day. There, you can go back to playing the Sims.

Write those down on your hand with a fountain pen so you never forget these helpful tips. If you want more helpful (and free) advice then be sure to send in your submissions at daglitalenews.ca/ask-amber.



Totally Relatable Reasons Why 3/11 Is Okay

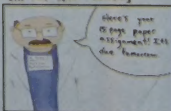
An Original "Ayla Is Awesome Cartoon"

Totally Relatable Reasons Why 3/11 Is Okay

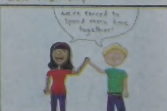
Bad Watching... For Credit



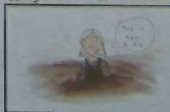
Less Time Spent Suffering



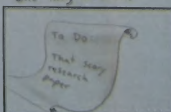
New Friendships



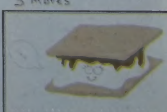
Getting Stuck in Mud for an Hour



One thing at a time



S'mores



Camrose Happenings!

Wednesday, September 20 to Friday, September 22
Emerging Leaders Conference

Thursday, September 21
Distinguished Professional Lecture: Neil Haave
7:00 p.m. - 9:30 p.m.,
Mayer
Community Room,
Lougheed Centre

Infinite Improv
7:00 p.m. at the Bailey
Theatre
Tickets are \$5 at the door
and the bar will be open.

Friday, September 22
to

Monday, September 25
Alumni Weekend

There are a variety of
events going on over the
weekend, but some high-
lights include:

September 23:
**Oktoberfest: Witten-
berg Comes to Augus-
tana**

6:00 p.m. in the Mayer
Family Room, Lougheed
Centre

Tickets are \$50 and can be
purchased from Pastor Craig
at craigw@ualberta.ca

September 24:
**Founders' Hall Open
House**
9:00 a.m., Founders' Hall

**Chester Ronning's
Mission, Then and
Now**
With Ian Wilson
9:00 a.m., Roger Epp Con-
ference Room

Friday, September 22
The Comic Strippers
7:30 p.m. at the Lougheed
Centre
Tickets are \$39 and can be
purchased at the Lougheed
Box Office or online at camroselive.ca

Saturday, September 23
**Mac Daddy - The
Fleetwood Mac Expe-
rience**
8:00 p.m. at the Bailey
Theatre
Tickets are \$25

**Wednesday, Septem-
ber 27**
ASA Club Fair
Augustana Forum

**Workshops in Building
Capacity for Reconcilia-
tion Workshop 1**
6:00 p.m. - 9:00 p.m.
Cargill Theatre, Lougheed
Centre

Friday, September 29
Orange Shirt Day

Nikolai the Juggler
6:30 p.m. at the Lougheed
Centre
Tickets are free and can be
picked up at the Lougheed
Box Office

Saturday, September 30
**First Class Bash - Rum-
ble in the Jungle**
10:00 p.m. - 2:00 a.m.
Norsemen Inn
Tickets are \$10 and can be
purchased from the ASA
office or in the Forum

Friday, October 6
Krystle Dos Santos
8:00 p.m. at the Lougheed
Centre
Tickets are \$29.50 and
can be purchased at the
Lougheed Box Office or
online at camroselive.ca

Friday, October 13
**Menopause the Musi-
cal**
8:00 p.m. at the Lougheed
Centre
Tickets are \$55 for students
and can be purchased at the
Lougheed Box Office or
online at camroselive.ca

Welcome Back!

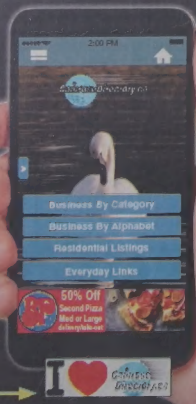
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Entertainment • Hair Stylists • Auto Repair
Liquor Stores & Dial-A-Bottle

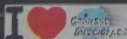
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App Store

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Google Play

**Camrose
Directory.ca**



Pick up our Bumper Sticker & Play
some of our Great Contests.



Go VIKINGS!

**Friday,
September 22**

Vikings Soccer
vs. King's Eagles
3:00 p.m. Women's Game
5:00 p.m. Men's Game

**Saturday,
September 23**

Vikings Soccer
vs. Keyano Huskies
2:00 p.m. Women's Game
4:00 p.m. Men's Game

Friday, October 6

Vikings Hockey
vs. NAIT Ooks
7:30 p.m.

Saturday, October 14

Vikings Soccer
vs. Concordia Thunder
12:00 p.m. Women's
Game
2:00 p.m. Men's Game

Vikings Hockey
vs. RDC Kings
6:00 p.m.

**VIKINGS
VILLAGE**